# SPEAKS 2 INSPIRE

#### **2023 IMPACT**

## CREATING HOPE. INSPIRING ACTION. EMPOWERING THE NEXT GENERATION.

The premier consulting agency dedicated to improving individuals' mental health and overall well-being.



lives positively impacted



presentations and
workshops delivered



**in-person** presentations



**virtual** presentations



"I could not have made a BETTER decision for the event! 10/10, do recommend"

Kaitlin Hill, Associate Dean of Counseling and Psychological Services



New Satisfied Clients



of students felt seen, heard, and validated after the presentation.

of students felt ready to take action for their mental health.



New Partnerships & Collaborations









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FRANSIS"











## **SPEAKS 2 INSPIRE**

#### **2023 IMPACT STORIES & FEEDBACK**

CREATING HOPE. INSPIRING ACTION.
EMPOWERING THE NEXT GENERATION.

99

Best event ever!

99

I highly recommend this workshop to anyone!

99

These topics are oftentimes deliberately avoided, and this session was a wake-up call.



of students want to attend another S2I session



99

Inspiring and motivational!



Today I learned that I am valuable and how to care of my own mental health in a way I had never even imagined. I am kind, I am smart, I am important.



I thought it was great and relevant to college students.

**SERVICES PROVIDED** 



Workshops & Training

Book & Panel Discussions

**Consulting** 

1,181

Stories Captured

2,200+

Podcast Episode Downloads



Personally this has motivated me to try to speak to someone because the pain hurts.

speaks2inspire.com

